



Foundation for Emotional Therapeutic Counselling

Supporting positive change towards emotional wellbeing

Psychotherapist & Counselling Training

Safeguarding policy

Policy Statement

FETC follows The National Counselling Society's Safeguarding Policy with respect to counsellors and their clients. In addition, we need to ensure that we have a Safeguarding Policy in respect of the training element of our organisation.

Safeguarding Policy for FETC Management & Training

Safeguarding is a fundamental part of The Foundation for Emotional Therapeutic Counselling's (FETC) work and this commitment is reflected in FETC Standards and the values of our organisation, which inform and support all of our safeguarding activity:

- We are respectful
- We treat others as they would want to be treated
- We are inclusive
- We work together, we involve, and we consult
- We are solutions-focused
- We ensure that what we do makes a real difference
- We train our trainers to be the best they can be and
- We strive to be the best at what we do.
- We are empowering of our students
- We support others to achieve their goals

Guiding Principles

Everyone's responsibility - Everyone at FETC has a responsibility to keep our students, trainers, counsellors, safe and well-informed.

Prevention – We will put sensible measures in place to prevent abuse, including the use of safe practices, promoting safe working practice and raising awareness of safeguarding. We achieve this by communication with all parties.



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Protection – We will provide policy, procedures, information and training to enable FETC trainers to identify and respond appropriately to student concerns.

Partnership - FETC will work in Partnership with statutory, regulatory and other relevant organisations to ensure that safeguarding concerns are responded to appropriately.

Empowerment – FETC is a person-centred organisation and will uphold rights in our safeguarding work

Accountability - We aim to be transparent in our approaches and recognise the need for continuous learning and improvement.

Roles and Responsibilities

All Trainers and volunteers

Every trainers and volunteers, irrespective of their role, has a part to play in safeguarding our counsellors and students who need support. Trainers must familiarise themselves with our Safeguarding Policy and Procedures.

Trustees

FETC trustees approve the Safeguarding Policy and have a duty of care to the organisation, which includes taking the necessary steps to safeguard those at risk from abuse, managing risk and protecting the reputation of the charity.

Head of Safeguarding

The Head of Safeguarding is the Designated Person for Safeguarding at FETC. They are responsible for developing and quality assuring safeguarding activity across FETC and supporting best practice for external stakeholders.



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FETC Partners

FETC Partners will make their own arrangements for safeguarding

Breaches of Policy

Failure to comply with the FETC safeguarding policy may be managed in a number of ways, depending on the nature and consequences of any incident. In some cases a combination of responses may be required.

- FETC trainer investigation
- Trustee investigation
- Complaints Procedure
- Internal review or co-operation with an external review

Associated documents

- FETC Complaints Procedure
- FETC Supervision Policy
- FETC Code of Ethics (See National Counselling Society Code of Ethics)
- FETC Whistleblowing Policy
- FETC Health and Safety Policy Statements (See National Counselling Society Policy)
- FETC Mission and Values
- Age UK Incident Management Procedures
- FETC Volunteers Policy

Equality Statement

FETC is committed to providing services which embrace diversity and that promote equality of opportunity. Everyone who accesses our services or works for us in a paid or voluntary capacity should be safe, empowered to play a part in promoting their own welfare and that of others and able to live a life free from abuse. This applies to all, regardless of age, gender, ethnicity, disability, sexuality or belief.