



CPD Requirements

The National Counselling Society have recently updated their criteria on what can be included for CPD. We recommend that you visit the relevant page on their website, for which you need to be a member.

<https://nationalcounsellingsociety.org>

If there are other learning aspects you feel are relevant, do contact them to discuss this. One example would be peer groups. What is important is that you must be able to demonstrate learning outcomes from whatever CPD you undertake and be able to verify that the CPD took place. They require a minimum of 30 CPD points each year.

A downloadable CPD log form can be found on the National Counselling Society website under the section CPD log. You do not have to use their CPD log form. However, if you decide to devise your own form, do bear in mind the headings on their template so that you know what they require, and do make sure you keep an accurate log of your CPD days, and undertake a variety of activities.

<https://nationalcounsellingsociety.org/blog/posts/keeping-records>